

## Chapter 10. Spelunking

### STEP OUT - THINK ABOUT - WORKSHEET

This is a serious consideration for anyone who desires to live “in the light.” Set aside some time this week and begin the process. Write down your thoughts as they come to you. Just capture them on paper and make them real.

#### FINISH THIS:

I understand how important this step is and have scheduled to begin on:

I have contacted \_\_\_\_\_ to ask for help and accountability.

I have asked God to come alongside as the light-giver.

(example: “Lord, please help me through this step. You know my heart is filled with darkness and I know I need to give all my burdens over to You. Please reveal those things I need to write down, and carry me through it all safely. I trust that You will give me Your light burden as my yoke to carry. I thank You in advance, in Jesus’ Name.”)

I have completed my spelunking adventure on: